



Prof. Luiz Saldanha Oceanographic Museum

The Oceanographic Museum, installed in the Santa Maria Fortress, is located on the coast between Setúbal and Sesimbra, allowing a very close contact with the marine environment and where you can discover the biodiversity of the Luiz Saldanha Marine Park, a natural heritage unique in the world.

Arrábida Convent

This is place full of history, mysticism and unparalleled natural beauty. The view and the atmosphere of this space will remain forever in the memory of those who visit it.

Built at the heart of the Serra da Arrábida in the 16th century, the Arrábida Convent includes the Convento Velho (Old Convent) at the higher point, the Convento Novo (New Convent) on the hillside, the Garden and the Santuário do Bom Jesus (Bom Jesus Sanctuary). Visiting it is a must!



Still have some time left? Visit our website and social networks and continue to discover why we call it – Setúbal, One World. If you are leaving, we are sure you will come back and get involved by the natural and cultural beauty of this destination, where sustainability, modernity, identity and inclusion make it a reference worldwide.



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Setúbal city map

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Portugal



One of Europe's best kept secrets

Did you know that its location by the sea, its Mediterranean climate and the biodiversity that it houses, make Arrábida one of Europe's best kept secrets?

Along the mountain's winding roads, which allow you to slow down and take in the views, you will find many idyllic spots, from beaches to enchanting valleys and amazing viewpoints.

In addition to its remarkable natural heritage, Arrábida is rich in architectural heritage, with its magnificent forts and its Convent, a unique and mystical place.

Arrábida Trails

The Arrábida Nature Park is the host of forty kilometres of trails, with protected landscapes and unimaginable views. Exercise, release your senses and enjoy. Choose from the 4 most iconic ones, the luxurious views of 'Encostas de São Filipe', 'Alto do Formosinho', the romantic 'Portinho da Arrábida' and the enchanting 'Aldeias de Azeitão'. Check them all out at:

www.arrabidatrails.com



Miradouros (Viewpoints)

Along the road that crosses the mountains, via road N 379 - 1, there are countless viewpoints with breathtaking views that stretch over the Atlantic horizon and the Tróia peninsula on one side, the wonderful villages of Azeitão, the city of Setúbal, the Sado Estuary, the Caparica Fossil Cliff, Lisbon and even, on the best days, the Pena Palace in Sintra on the other.



Unique, sustainable and inclusive beaches

Combine the best aromas of the Atlantic, the Mediterranean landscape and its warmth, with a marine fauna that welcomes you with engaging acrobatics, and it will be hard not thinking about coming back.

Albarquel

Albarquel is the closest beach to Setúbal and is accessible by foot along the coastal strip at low tide. It stands out for its versatility and ideal conditions for practising various land and water sports.

Figueirinha

The wide sandy beach, the calm sea, good accessibility and the surrounding beauty of Serra da Arrábida and the Luiz Saldanha Marine Park make Figueirinha one of the best-known bathing areas in the region. It is characterised by a long sandbank that emerges at low tide and through which it is possible to walk and enter the sea. In addition to flaunting the blue flag for 14 years, a sign of national quality for bathing waters, it is also Portugal's Most Inclusive Beach!

Galápos

Surrounded by the Mediterranean vegetation of Arrábida, Galápos is a narrow strip of sand combined with a calm, blue, transparent sea, separated from Galapinhos beach only by a few rocks.

Galapinhos

Galapinhos Beach was voted the most beautiful beach in Europe in 2017. The award was given by European Consumers Choice, through the portal European Best Destinations. A beach sheltered by slopes of Mediterranean vegetation that offers a calm sea and clear waters favouring the observation of marine species.

Creiro / Portinho da Arrábida

Voted one of the Seven Natural Wonders of Portugal, this white sand beach with transparent water provides a fantastic contrast to the austerity of the slopes of the Serra da Arrábida. It stands out for the curious Pedra da Anicha, a small rocky islet facing the beach. A beach that offers one of the most beautiful auras in the world, allowing you to enjoy the best cuisine that the Atlantic has to offer.



Azeitão: Villages and Vineyards



Quinta de Alcube (Alcube Winery)

Red, white, monovarietal or blend. From a Touriga Nacional to a Syrah, the best way to taste the wines that are created at Quinta de Alcube is to go there and complete the tasting experience by exploring the environment where they are produced. Visit this incredible place and learn about the transformation processes from grape to bottle. Visiting this estate means actually being involved in the spirit of this family that manages to produce some of the best wines in the region with a unique dedication that starts with the variety and ends with the tasting.

José Maria da Fonseca House Museum

Founded in 1834 and with a façade and gardens of unique beauty, it has always been associated with the image of the José Maria da Fonseca brand. 200 years of history of one of the best known wine families, whose name takes Portugal to the four corners of the world. Taste iconic wines and some of the latest wine innovations.



Adega and Palácio da Bacalhôa (Bacalhôa Winery and Palace)

Visiting the Bacalhôa Palace is travelling through the history of Portugal, discovering a stunning garden and travelling within the walls of a fairytale. There is nothing like ending the tour with a visit to the vineyards,



the museum, the Japanese Garden - which displays part of the sculptor Nizuma's estate and the Kaki tree, great-granddaughter of the only tree that survived the Nagasaki bomb - and the history of tiles, while smelling the aroma of muscatel and experiencing the different ethnographic collections and artefacts, some of them internationally renowned and with an unparalleled monumental value.

Quinta de Catralvos (Catralvos Winery) - Malo Tojo Estates

An estate and winery at the foot of the Serra da Arrábida, promotes wine aromas in harmony with relaxing moments where the environment and sustainability are privileged. Their own wastewater treatment station and integrated production, a method that involves using exclusively natural products in the development of the precious nectar, also stand out. It also has an accommodation unit and spaces for events.



Quinta das Torres (Torres Winery)

At the gates of Azeitão, this 16th century estate stands out for its imposing turrets and large outdoor patio with one of the most beautiful fountains in the region. Ivy trees cover the walls of the house with a 900m2 lake where the temple-shaped pavilion, whose dome is supported by twelve columns, stands out. It is one of the most popular places for events and on a visit to this idyllic space you will quickly find out why it is so fascinating.

